

Mah-tovu ohalecha, Yaakov; mishk'notecha, Yisrael! מַה־טְבוּ אֹהָלֶיךּ, יַעֲקֹב, מְשְׁכְּנֹתֶיךּ, יִשְׂרָאֵל.

How beautiful are your tents, Yaakov, your dwelling places, Yisrael!

Vaani t'filati-l'cha,

Adonai, eit ratzon.

Elohim, b'rov-chasdecha,

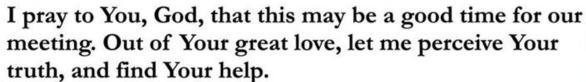
aneini be·emet yishecha.

וַאֲנִי תְפִּלֶּתִי־לְךָּ,

יָי, עַת רָצוֹן.

אֶלֹהִים בְּרָב־חַסְדֶּךְ,

אַבֶנִי בָּאֱמֶת יִשְׁעֶךּ.







Baruch Atah, Adonai Eloheinu, Melech haolam, asher natan lasechvi vinah l'havchin bein yom uvein lailah. בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלֶם, אֲשֶׁר נָתַן לַשֶּׁכְוִי בִינָה, לְהַבְחִין בֵּין יוֹם וּבֵין לָיְלָה.

Praise to You, Adonai our God, Sovereign of the universe who has given the mind the ability to distinguish day from night.

Baruch Atah, Adonai Eloheinu, בְּרוּדְ אַתָּה, יְיָ אֱלֹהֵינוּ, Melech haolam, מֶלֶדְ הָעוֹלֶם, פוֹקֵחַ עִוְרִים. פּוֹקַחַ עִוְרִים.

Praise to You, Adonai our God, Sovereign of the universe who opens the eyes of the blind.

In honor of Disabilities month, the suggestion of doing the prayer Barukh Atah Adonai sh'asani sh'lemah.

"Blessed are You, God, who has made me whole." ensures a more inclusive liturgy.

Baruch Atah, Adonai Eloheinu, בְּרוּדְ אַתָּה, יִי אֱלֹהֵינוּ,
Melech haolam,
מַלֶּדְ הָעוֹלָם,
matir asurim.

Praise to You, Adonai our God, Sovereign of the universe who frees the captive.



Baruch Atah, Adonai Eloheinu, בְּרוּדְ אַתָּה, יְיָ אֱלֹהֵינוּ,
Melech haolam,
zokeif k'fufim.

מֶלֶדְ הָעוֹלֶם,
זוֹקֵף כְּפוּפִים.

Praise to You, Adonai our God, Sovereign of the universe who lifts up the fallen.



Baruch Atah, Adonai Eloheinu, בְּרוּדְ אַתָּה, יִי אֱלֹהֵינוּ,
Melech haolam,
יפֶלֶדְ הְעוֹלֶם,
roka haaretz al hamayim.
יוֹפַע הָאָרֶץ עַל הַמִּיִם.

Praise to You, Adonai our God, Sovereign of the universe who stretches the earth over the waters.



Baruch Atah, Adonai Eloheinu, בְּרוּדָ אַתָּה, יִי אֱלֹהֵינוּ, מֶבֶּרוּדְ אַתָּה, יִי אֱלֹהֵינוּ, Melech haolam, hameichin mitzadei gaver.

הַמֵּכִין מִצְעֲדֵי גָבֶר.

Praise to You, Adonai our God, Sovereign of the universe who strengthens our steps.



Baruch Atah, Adonai Eloheinu, בְּרוּדְ אַתָּה, יִי אֱלֹהֵינוּ,
Melech haolam,
מֶלֶדְ הָעוֹלֶם,
malbish arumim.

Praise to You, Adonai our God, Sovereign of the universe who clothes the naked.



Baruch Atah, Adonai Eloheinu, בְּרוּדְ אַתָּה, יְיָ אֱלֹהֵינוּ, Melech haolam, , מֶלֶדְ הְעוֹלֶם, hanotein laya-eif ko-ach. פֿרוּדְ לַיָּצֶרְ כֹּחַ.

Praise to You, Adonai our God, Sovereign of the universe who gives strength to the weary.



Baruch Atah, Adonai Eloheinu, Melech haolam, hamaavir sheinah mei-einai, ut'numah mei-afapai. בָּרוּדְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶדְ הָעוֹלֶם, הַמַּעֲבִיר שֵׁנָה מֵעֵינִי, וּתְנוּמָה מֵעַפְעַפִּי.

Praise to You, Adonai our God, Sovereign of the universe who removes sleept from the eyes, slumber from the eyelids.

Baruch Atah, Adonai Eloheinu, Melech haolam, she-asani b'tzelem Elohim.

בָּרוּדְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶדְ הָעוֹלֶם, שֶׁעְשַׁנִי בְּצֶלֶם אֱלֹהִים. שֶׁעְשַׂנִי בְּצֶלֶם אֱלֹהִים.

Praise to You, Adonai our God, Sovereign of the universe who made me in the image of God.

Baruch Atah, Adonai Eloheinu, בְּרוּדְ אַתָּה, יִי אֱלֹהֵינוּ,
Melech haolam,
she-asani ben/bat chorin.

קברוּדְ אַתָּה, יִי אֱלֹהֵינוּ,
אַלְהֵינוּ,
יִי אֱלֹהֵינוּ,
אַלְהֵינוּ,
יִי אֱלֹהֵינוּ,
אַלְהֵינוּ,
יִי אֱלֹהֵינוּ,
אַלְהֵינוּ,
יִי אֱלֹהֵינוּ,
יִי אֱלֹהֵינוּ,
אַלְשֵׁנִי בֶּן/בַּת חוֹרִין.

Praise to You, Adonai our God, Sovereign of the universe who has made me free.

Baruch Atah, Adonai Eloheinu, בָּרוּדָ אַתָּה, יִיָּ אֱלֹהֵינוּ, Melech haolam, she-asani Yisrael.

Praise to You, Adonai our God, Sovereign of the universe who has made me a Jew.

Baruch Atah, Adonai Eloheinu, Melech haolam, ozeir Yisrael bigvurah. בָּרוּדְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶדְ הָעוֹלָם, אוֹזֵר יִשְׂרָאֵל בִּגְבוּרָה.

Praise to You, Adonai our God, Sovereign of the universe who girds Israel with strength.

Baruch Atah, Adonai Eloheinu, Melech haolam, oteir Yisrael b'tifarah.

בָּרוּדְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶדְ הָעוֹלֶם, עוֹטֵר יִשְׂרָאֵל בְּתִפְאָרָה.

Praise to You, Adonai our God, Sovereign of the universe who crowns Israel with splendor.

Baruch Atah, Adonai Eloheinu, Melech haolam, asher kid'shanu b'mitzvotav v'tzivanu laasok b'divrei Torah. בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִנָּנוּ לַעֲסוֹק בְּדִבְרֵי תוֹרָה. לַעֲסוֹק בְּדִבְרֵי תוֹרָה.

Praise to You, Adonai our God, Sovereign of the universe, who hallows us with mitzvot, commanding us to engage with words of Torah.



Hal'luhu b'tof umachol,
hal'luhu b'minim v'ugav.
Hal'luhu b'tziltz'lei shama,
hal'luhu b'tziltz'lei t'ruah.
Kol han'shamah t'haleil Yah,
Hal'lu Yah!

הַלְלוּהוּ בְּתֹף וּמְחוֹל, הַלְלוּהוּ בְּמִנִּים וְעוּגָב. הַלְלוּהוּ בְּצִלְצְלֵי־שָׁמֵע, הַלְלוּהוּ בְּצִלְצְלֵי־תְרוּעָה. כֹּל הַנְּשָׁמָה תְּהַלֵּל יָה, הַלְלוּ־יָהוּ!

Praise God with timbrel and dance; praise God with lute and pipe.

Praise God with resounding cymbals; praise God with loud-clashing cymbals.

Let all that breathes praise God. Hallelujah!



Yitgadal v'yitkadash sh'meih raba b'alma di vra chiruteih, v'yamlich malchuteih b'chayeichon uv'yomeichon uv'chayei d'chol beit Yisrael, baagala uviz'man kariv, v'imru: Amen.

יִתגַּדַל וִיִתקַדַשׁ שמה רבא בְּעָלְמָא דִּי בְרָא כִרְעוּתֵהּ, וְיַמְלִידְ מַלְכוּתֵה בַּחַיֵּיכוֹן וּבִיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בַּעֲגָלָא וּבִזְמַן קָרִיב, ַוְאָמֶרוּ: אָמֵן.



Y'hei sh'meih raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yit'halal sh'meih d'kudsha b'rich hu,

יְהֵא שְׁמֵהּ רַבָּא מְבָרַדְ שְׁמֵהּ דְּקָדְשָׁא בְּרִידְ הוּא,



l'eila min kol birchata v'shirata, tushb'chata v'nechemata, daamiran b'alma, v'imru: Amen. לְעֵלָּא מִן כָּל בִּרְכָתָא וְשִׁירָתָא, תִּשְׁבְּחָתָא וְנֶחֱמָתָא, דַּאֲמִירָן בְּעָלְמָא, וְאִמְרוּ אָמֵן: בְּעָלְמָא, וְאִמְרוּ אָמֵן:



שְׁמַע וּבִרְכוֹתֶיהָ

Sh'ma Uvirchoteha · Sh'ma and Its Blessings

Bar'chu et Adonai hamvorach.

Baruch Adonai hamvorach

l'olam va·ed.

בָּרְכוּ אֶת יְיָ הַמְבֹּרָךְ. בָּרוּךְ יְיָ הַמְבֹּרָךְ לְעוֹלָם וָעֶד.

Bless the Eternal, the Blessed One. Blessed is the Eternal, the Blessed One, now and forever. Am I awake?
Am I prepared?
Are you listening to my prayer?
Can you hear my voice?
Can you understand?
Am I awake?
Am I prepared?

Bar-echu et Adonai Ha-mevorach Baruch Adonai Ha-mevorach Le-olam va-ed (2x)

בָּרְכוּ אֶת יְיָ הַמְבֹּרָךְ. בָּרוּךְ יְיָ הַמְבֹּרָךְ לְעוֹלָם וָעֶד.



שמע ישראל יהוה אלהינו יהוה אחד ברוך שם כבוד מלכותו לעולם ועד.

Sh'ma, Yisrael: Adonai Eloheinu, Adonai echad!

Listen, Israel: Adonai is our God, Adonai is One!

Baruch shem k'vod malchuto l'olam va·ed.

Blessed is God's glorious majesty forever and ever.



V'ahavta et Adonai Elohecha —
b'chol-l'vav'cha,
uvchol-nafsh'cha,
uvchol-m'odecha.
V'hayu had'varim ha·eileh
asher anochi
m'tzav'cha hayom
al l'vavecha.

וְאָהַבְתָּ אֵת יְיָ אֱלֹהֶיךּ בְּכְל־לְבָבְךְ וּבְכָל־מָאֹדֶךּ: וּבְכָל־מְאֹדֶךּ: וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אָבֹכִי מְצַוְּךְ הַיּוֹם עַל־לְבָבֶךְ:

You shall love Adonai your God with all your mind, with all your soul, and with all your strength. Set these words, which I command you this day, upon your heart.



V'shinantam l'vanecha
v'dibarta bam
b'shivt'cha b'veitecha,
uvlecht'cha vaderech,
uvshochb'cha, uvkumecha.
Ukshartam l'ot al-yadecha;
v'hayu l'totafot bein einecha;
uchtavtam al-m'zuzot beitecha
uvisharecha.

וְשָׁנַּנְתַם לְבַנֵיך וֹבַבַּרֹתׁ כַּם בְּשָׁבְתְּךָ בְּבֵיתֶךָ וּבָלֵכָתִּךְ בַדֵּרֵךְ וּבְשָּׁכְבְּךּ וּבְקוּמֶדְ: וּקְשַּׁרְתָּם לְאוֹת עַל־יָדֶךְ ּוְהָיוּ לְטֹטָפֹת בֵּין עֵיבֵיף: וּכִתַבְתָּם עַל־מְזָזוֹת בֵּיתֶךְ וּבִשְּעֶרֶיך:

Teach them faithfully to your children. Speak of them in your home and on your way, when you lie down and when you rise up. Bind them as a sign upon your hand; let them be a symbol before your eyes; inscribe them on the doorposts of your house, and on your gates.



L'maan tizk'ru vaasitem

et-kol-mitzvotai,

viyitem k'doshim l'Eloheichem.

Ani Adonai Eloheichem —

asher hotzeiti et·chem

mei·eretz Mitzrayim

liyot lachem l'Elohim:

ani Adonai Eloheichem.

לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת־כְּל־מִצְוֹתָי וִהְיִיתֶם קְדֹשִׁים לֵאלְהֵיכֶם אֲנִי יְיָ אֱלֹהֵיכֶם אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם לִהְיוֹת לָכֶם לֵאלֹהִים אַנִי יִי אֱלֹהֵיכֵם:

Be mindful of all My mitzvot, and do them; thus you will become holy to your God. I, Adonai, am your God, who brought you out of Egypt to be your God — I, Adonai your God.

Adonai Eloheichem emet.

ּוְיָ אֱלֹהֵיכֶם אֱמֶת.

Adonai your God is true.





"Mi-chamochah ba·eilim, Adonai? Mi kamocha — nedar bakodesh, nora t'hilot, oseih-fele?" מִי־כָמְכָה בָּאֵלִם, יְיָ, מִי כָּמְכָה נֶאְדָּר בַּקְּדֶש, נוֹרָא תְהִלֹּת, עְשֵׁה פֶּלֶא.

"Of all that is worshiped, is there another like You? Maker of wonders, who is like You — in holiness sublime, evoking awe and praise?"





Shirah chadashah
shib'chu g'ulim
l'shimcha al s'fat hayam.
Yachad kulam hodu v'himlichu,
v'am'ru:
"Adonai yimloch l'olam va·ed."

שִּירָה חֲדָשָׁה שִּבְּחוּ בְאוּלִים לְשִּמְךּ עֵל שְׁפַת הַיָּם, יָחַד כָּלָם הוֹדוּ וְהִמְלִיכוּ, וְאָמְרוּ: יְיָ יִמְלֹךְ לְעֹלָם וָעֶד.

At the sea — with a new song on their lips — the redeemed praised Your name.

Overflowing with gratitude, they proclaimed Your sovereignty and spoke as one, declaring:

"The Eternal will reign till the end of time."



אֲדֹנִי, שְּׂבְתֵי תִּבְּתָּח, וּפִי יַגִּיד תְּהַלְּתֶךְ.

Adonai, s'fatai tiftach, ufi yagid t'hilatecha.

Adonai, open up my lips, that my mouth may declare Your praise.





בְּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, אֲלֹהֵי אַבְּרָהָם, אֱלֹהֵי יִצְקִק, וֵאלֹהֵי יַצְקֹב, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְקִב, אֶלֹהֵי שָׁרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי רָחֲל וֵאלֹהֵי לֵאָה.

Baruch Atah, Adonai Eloheinu v'Elohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzchak v'Elohei Yaakov, Elohei Sarah, Elohei Rivkah, Elohei Rachel v'Elohei Leah.

Blessed are You, Adonai our God, God of our fathers and mothers, God of Abraham, God of Isaac, and God of Jacob, God of Sarah, God of Rebecca, God of Rachel, and God of Leah. הָאֵל הַגְּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל חֲסְדִים טוֹבִים, וְקוֹנֵה הַכּּל, וְזוֹכֵר חַסְדֵי אָבוֹת וְאִמְּהוֹת, וּמֵבִיא גְּאָלָּה לִבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה.

Ha-El hagadol hagibor v'hanora, El elyon, gomeil chasadim tovim, v'koneih hakol, v'zocheir chasdei avot v'imahot, umeivi g'ulah livnei v'neihem l'maan sh'mo b'ahavah.

The great, mighty and awesome God, transcendent God who bestows loving kindness, creates everything out of love, remembers the love of our fathers and mothers, and brings redemption to their children's children for the sake of the Divine Name.





מֶלֶדְ עוֹזֵר וּמוֹשִׁיעַ וּמְגַן. בְּרוּדְ אַתָּה, יְיָ, מָגַן אַבְרָהָם וְעֶזְרַת שָׂרָה.

Melech ozeir u'moshia u'magen. Baruch Atah, Adonai, magein Avraham v'ezrat Sarah.

Sovereign, Deliverer, Helper and Shield. Blessed are You, Adonai, Sarah's Helper, Abraham's Shield.



Atah gibor l'olam, Adonai — m'chayeih hakol/meitim atah, ravl'hoshia.

Morid hatal.

M'chalkeil chayim b'chesed, m'chayeih hakol/meitim b'rachamim rabim אַתָּה גִּבּוֹר לְעוֹלֶם, אֲדֹנָי – מְחַיֵּה הַכּּלוֹמֵתִים אַתָּה, רַב לְהוֹשְׁיעַ. מוֹרִיד הַטָּל. מְחַיֵּה הַכּּלוֹמֵתִים מְחַיֵּה הַכּּלוֹמֵתִים בְּרַחֲמִים רַבִּים –

Your life-giving power is forever, Adonai — with us in life and in death. You liberate and save, cause dew to descend; and with mercy abundant, lovingly nurture all life. From life to death, You are the force that flows without end —



סוֹמֶדְ נוֹפְלִים, someich noflim, וְרוֹפֵא חוֹלִים v'rofei cholim וּמַתִּיר אֲסוּרִים, umatir asurim; וּמְקַיֵּם אֱמוּנָתוֹ umkayeim emunato לִישֶבֵי עַפַר. lisheinei afar. מִי כָמְוֹךָ, בַּעַל גְּבוּרוֹת, Mi chamocha, baal g'vurot; וּמִי דְּוֹמֶה לַּדְּ, umi domeh-lach? — מֶלֶךְ מֵמִית וּמְחַיֶּה melech meimitum chayeh וּמַצְמֶיחַ יְשוּעָה. umatzmiach y'shuah.

You support the falling, heal the sick, free the imprisoned and confined; You are faithful, even to those who rest in the dust. Power-beyond-Power, from whom salvation springs, Sovereign over life and death — who is like You?



V'ne∙eman atah l'hachayot hakol/meitim. וְנֶאֱמֶן אַתָּה לְהַחֲיוֹת הַכֹּלו מֵתִים.

Baruch atah, Adonai, m'chayeih hakol/hameitim.

בָּרוּךְ אַתָּה, יְיָ, מְחַיֵּה הַכֹּל/הַמֶּתִים.

Merciful God, who compares with You? With tender compassion You remember all creatures for life. Faithful and true, worthy of our trust — You sustain our immortal yearnings; in You we place our undying hopes.





N'kadeish et shimcha baolam, k'shem shemakdishim oto bishmei marom, kakatuv al yad n'vi-echa, v'kara zeh el zeh v'amar: Kadosh, kadosh, kadosh Adonai tz'vaot, m'lo chol haaretz k'vodo.

ּנְקַדֵּשׁ אֶת שִׁמְדְ בָּעוֹלָם, כְשֵׁם שֶׁמַקְדִּישִׁים אותו בִשְׁמֵי מְרוֹם, ּכַּכַּתוּב עַל יַד נְבִיאֶךְ, ּוִקָרָא זֵה אֱל זֶה וְאָמַר: קַדוֹשׁ, קַדוֹשׁ, קַדוֹשׁ מְלֹא כָל הָאָרֵץ כְּבוֹדוֹ.



Adir adireinu,
Adonai Adoneinu,
mah adir shimcha
b'chol haaretz.
Baruch k'vod Adonai
mimkomo.

אַדִּיר אַדִּירֵנוּ, יְיָ אֲדוֹנֵנוּ, מָה אַדִּיר שִׁמְךְ בְּכָל הָאָרֶץ. בְּרוּךְ כְּבוֹד יְיָ מִמִּקוֹמוֹ.



Echad hu Eloheinu, hu Avinu, hu Malkeinu, hu Moshi-einu, v'hu yashmi-einu b'rachamav l'eini kol chai. Ani Adonai Eloheichem. Yimloch Adonai l'olam, Elohayich Tzion l'dor vador, hal'luyah.

אֶחָד הוּא אֱלֹהֵינוּ, הוא אָבִינוּ, הוא מַלְכֵּנוּ, הוא מושיענו, וְהוּא יַשִּׁמִיעֵנוּ בְּרַחֲמָיו לְעֵינֵי כָּל חָי. אני יי אלהיכם. יִמְלֹדְ יִיָּ לְעוֹלֶם, אַלהַיִדְ צִיּוֹן לדר נדר, הַלְלוּיָה.



L'dor vador nagid godlecha ul'neitzach n'tzachim k'dushat-cha nakdish, v'shivchacha Eloheinu, mipinu lo yamush l'olam va-ed. Baruch Atah, Adonai, Ha-El hakadosh.

לְדוֹר וְדוֹר נַגִּיד גְּדְלֶךְ וּלְנֵצַח נִצָחִים קְדָשָּׁתְדְּ נַקְדִּישׁ, וְשִׁבְחֲדָ, אֱלֹהֵינוּ, מפִינוּ לֹא יָמוּשׁ בָּרוּךְ אַתָּה, יִיָּ, הָאֵל הַקַּדוֹשׁ.





Oseh shalom bimromav, hu yaaseh shalom aleinu, v'al kol Yisrael, v'imru: Amen. עֹשֶׂה שְׁלוֹם בִּמְרוֹמְיוּ הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ, וְעַל כָּל יִשְׂרָאֵל, וְאַמְרוּ: אָמֵן. וְאִמְרוּ: אָמֵן.

May the One who makes peace in the high heavens make peace for us, for all Israel and let us say: Amen.

Yih'yu l'ratzon imrei fi v'hegyon libi l'fanecha, Adonai tzuri v'go-ali.

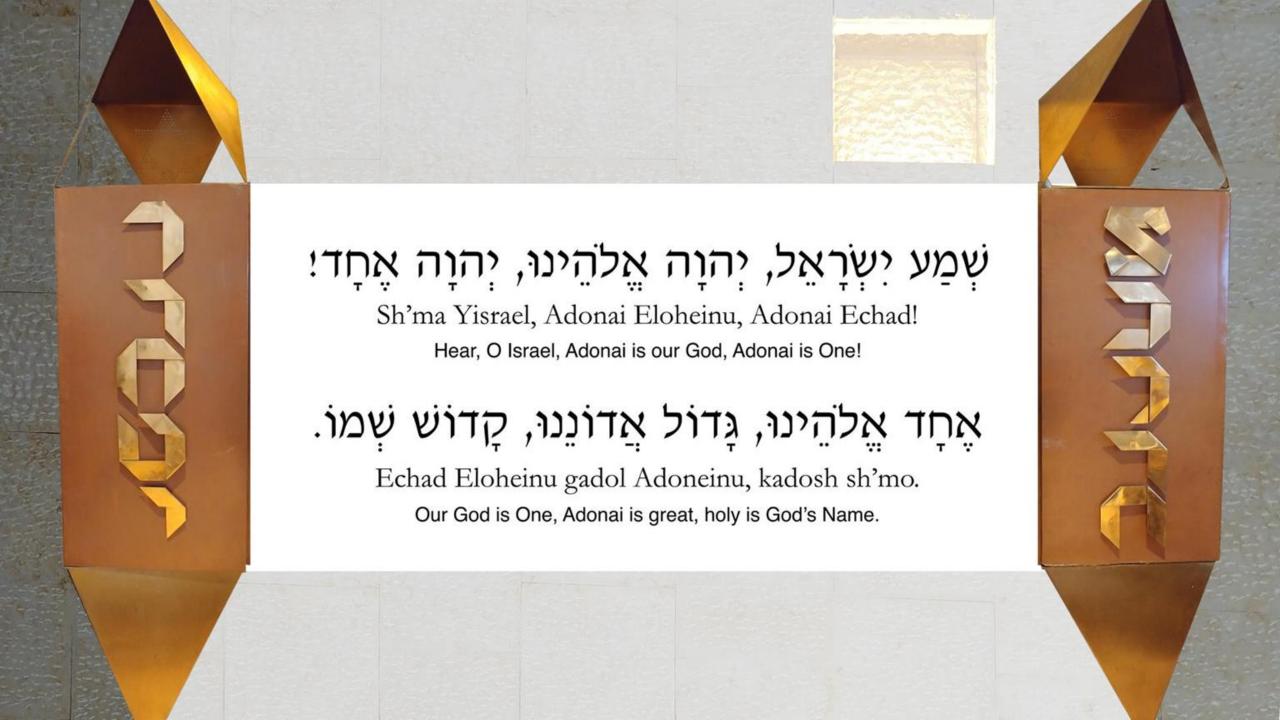
May the words of my mouth and the meditations of my heart be acceptable to You, Adonai, my Rock and my Redeemer. יִהְיוּ לְרָצוֹן אִמְרֵי פִי וְהֶגְיוֹן לִבִּי לְפָנֶידְ, יִי צוּרִי וְגוֹאֲלִי.

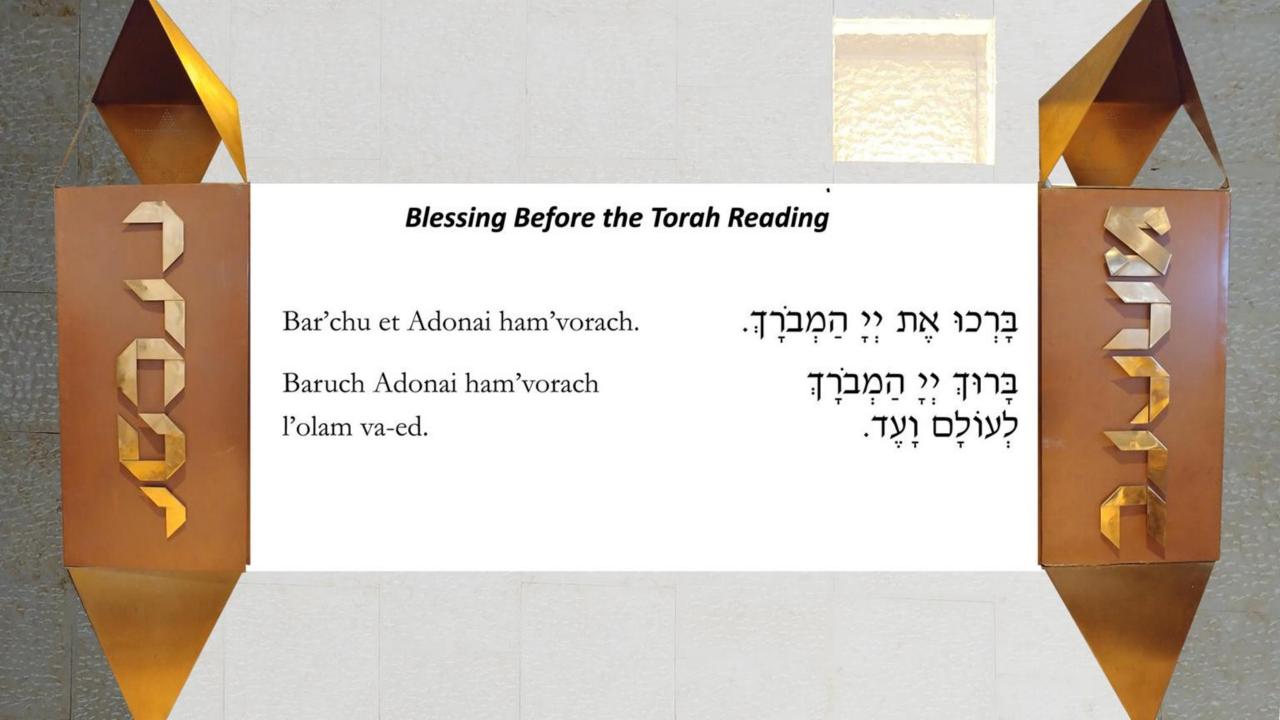


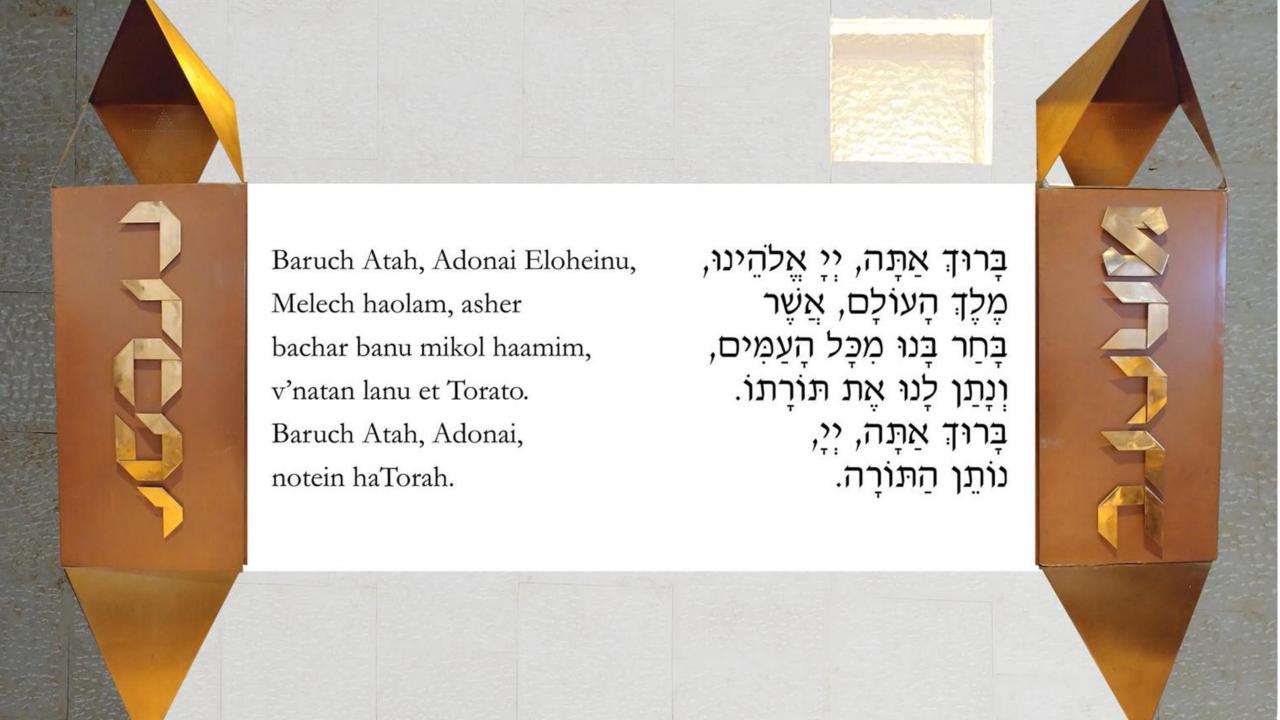














Blessing After The Torah Reading

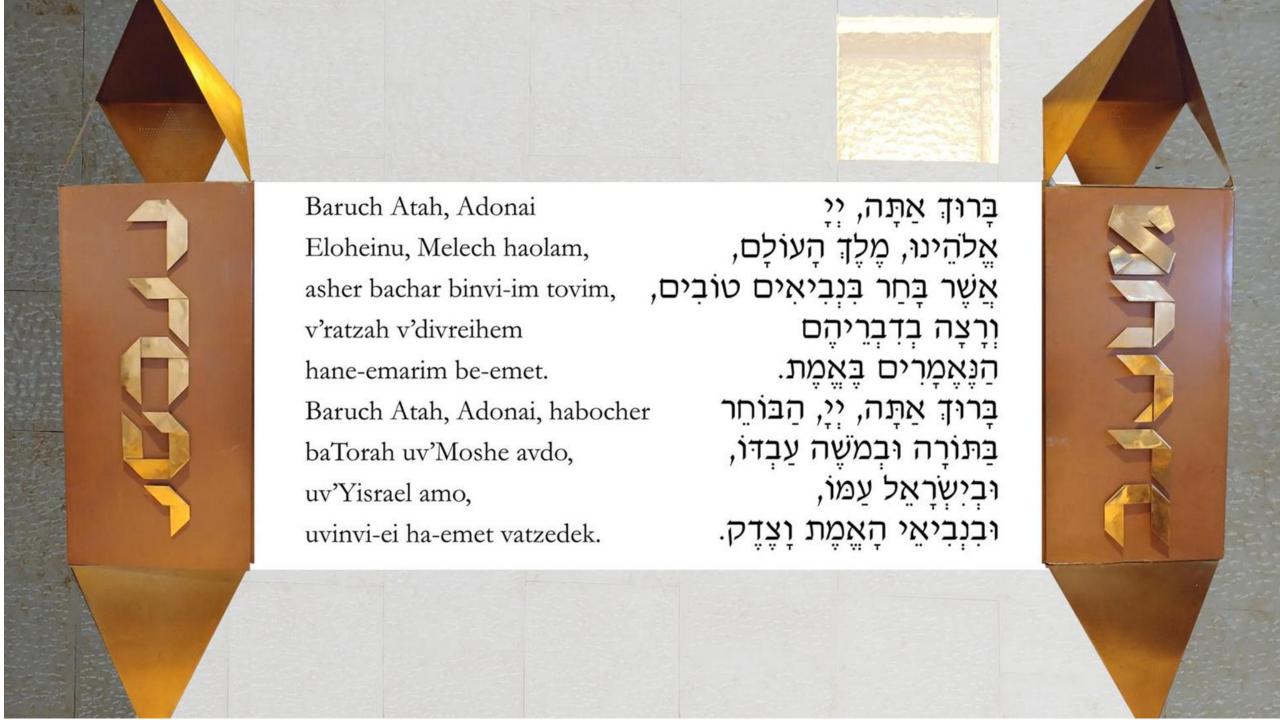
Baruch Atah, Adonai Eloheinu, Melech haolam, asher natan lanu Torat emet, v'chayei olam nata b'tocheinu.

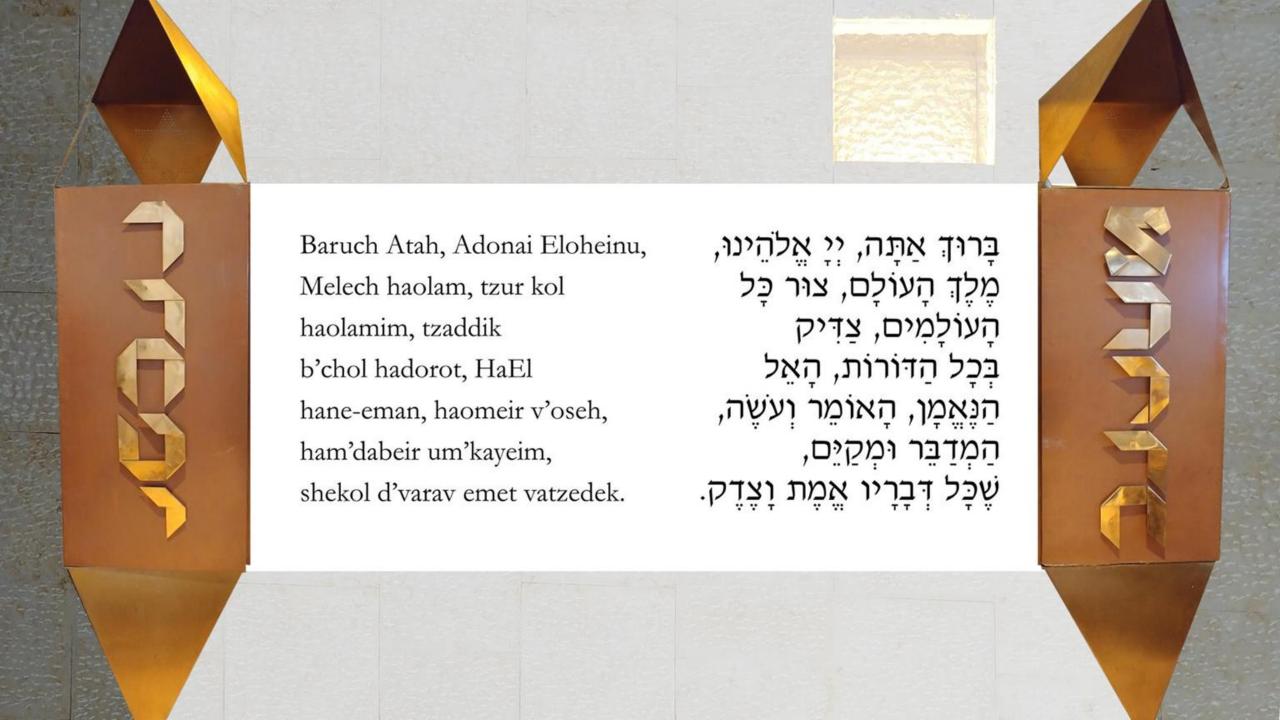
Baruch Atah, Adonai, notein haTorah.

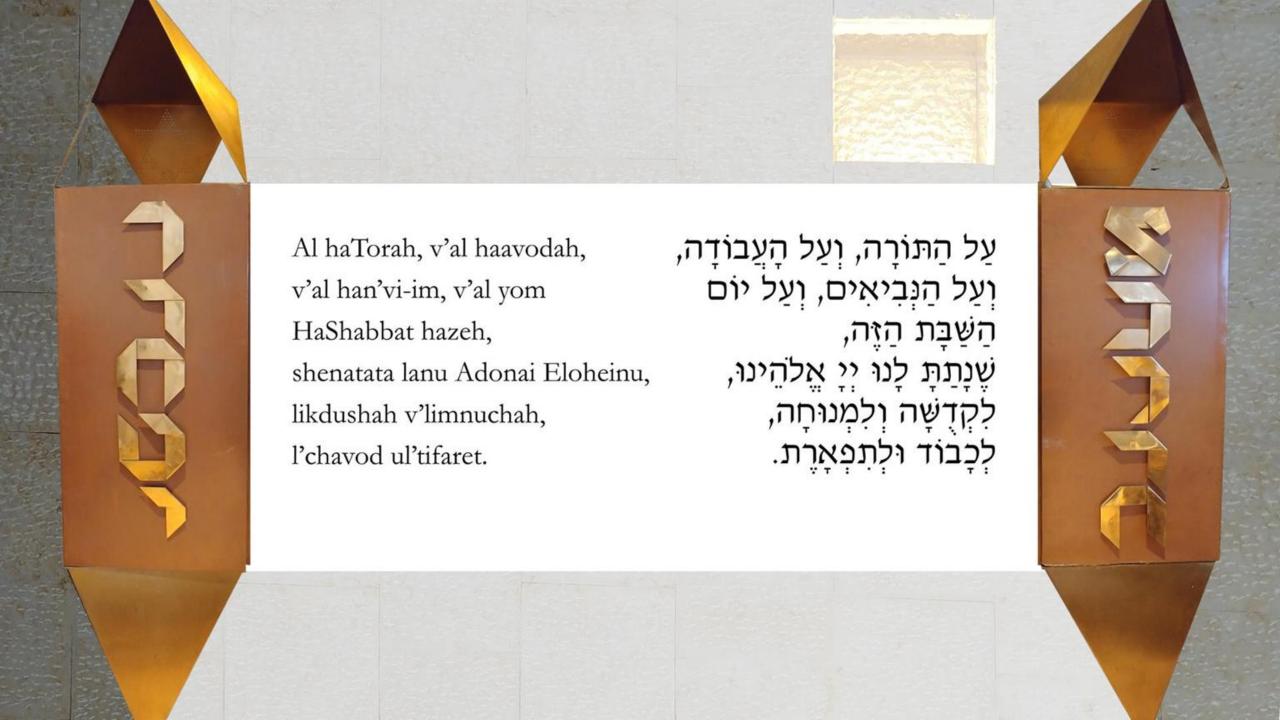
בְּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ, מֶלֶךְ הְעוֹלֶם, אֲשֶׁר נְתַן לָנוּ תּוֹרַת אֱמֶת, וְחַיֵּי עוֹלֶם נְטַע בְּתוֹכֵנוּ. בִּרוּד אִתָּה יִי

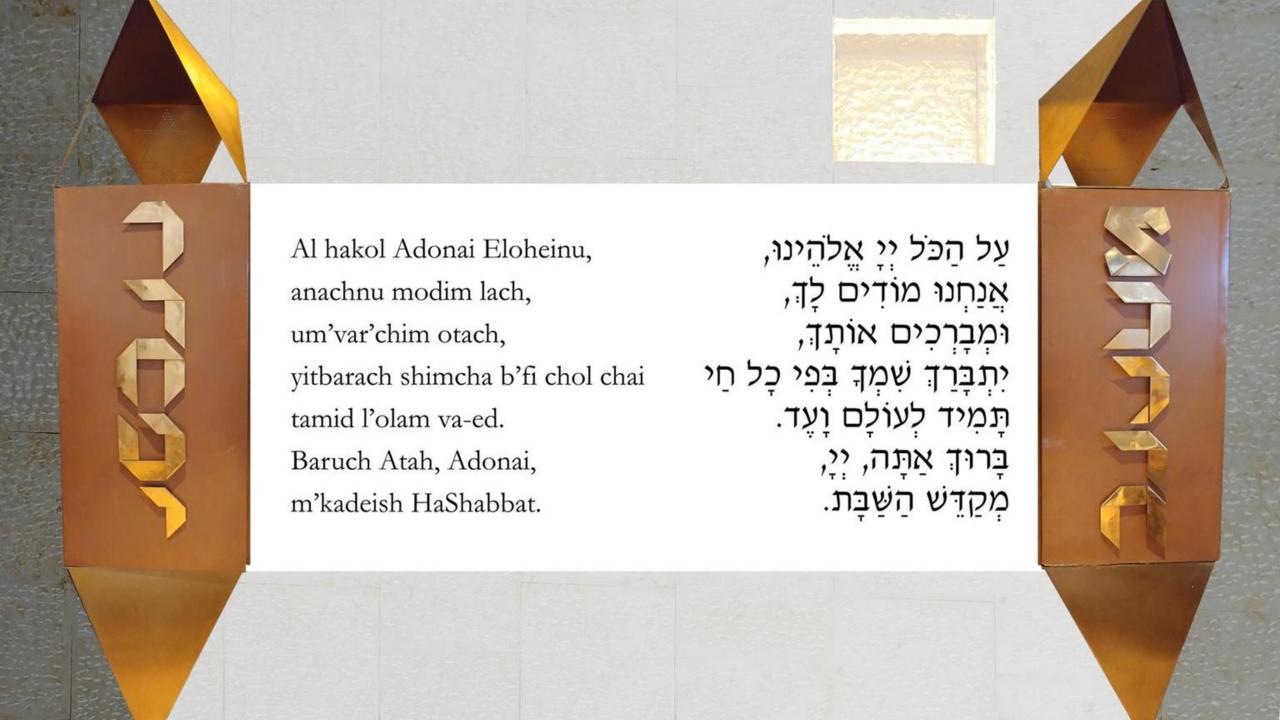
בָּרוּךְ אַתָּה, יְיָ, נוֹתֵן הַתּוֹרָה.











מִי שֶׁבֵּרַדְ אֲבוֹתֵינוּ מְקוֹר הַבְּרָכָה לְאִמּוֹתֵנוּ.

Mi shebeirach avoteinu M'kor habrachah l'imoteinu.

May the Source of strength who blessed the ones before us help us find the courage to make our lives a blessing and let us say, Amen.

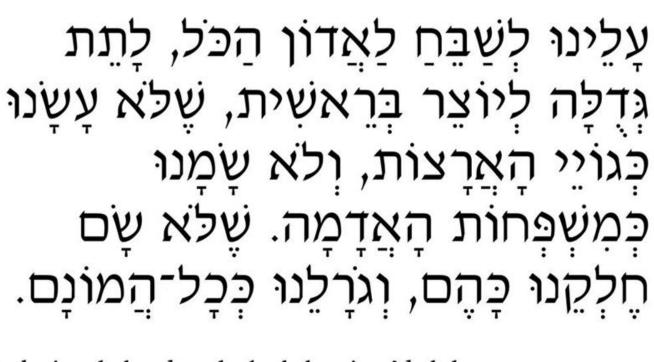


מִי שֶׁבֵּרַדְ אִמּוֹתֵנוּ מְקוֹר הַבְּרָכָה לַאֲבוֹתֵינוּ.

Mi shebeirach imoteinu M'kor habrachah l'avoteinu.

Bless those in need of healing with *r'fuah sh'leimah*, the renewal of body, the renewal of spirit, and let us say, Amen.





Aleinu l'shabei-ach laadon hakol, lateit g'dulah l'yotzeir b'reishit, shelo asanu k'goyei haaratzot, v'lo samanu k'mishp'chot haadamah. Shelo sam chelkeinu kahem, v'goraleinu k'chol hamonam.

Let us now praise the Sovereign of the universe, and proclaim the greatness of the Creator, Who has set us apart from the other families of the earth, giving us a destiny unique among the nations.



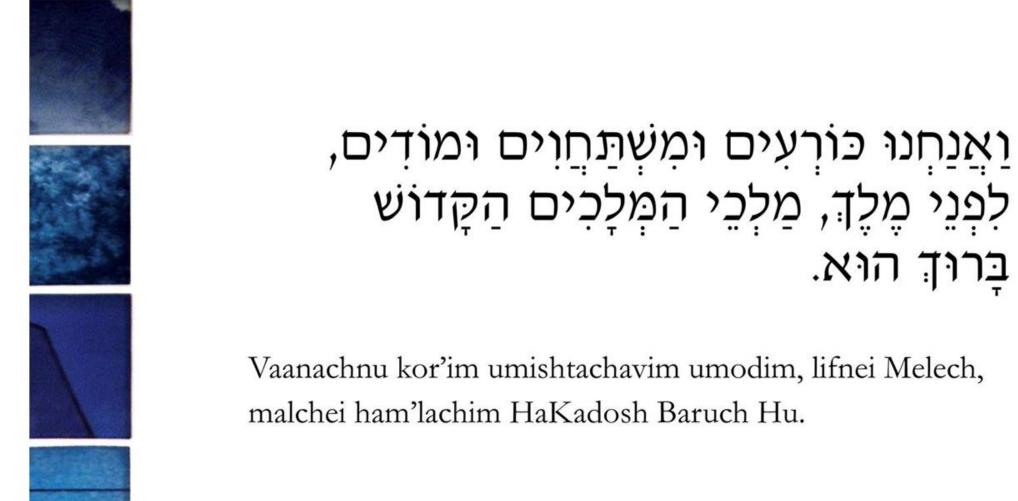












Therefore we bow in awe and thanksgiving before the One who is Sovereign over all, the Holy and Blessed One.











ּוְנֶאֱמַר, וְהָיָה יְיָ לְמֶלֶךְ עַל כָּל הָאָרֶץ. בּיּוֹם הַהוּא יִהְיֶה יְיָ אֶחָד, וּשְׁמוֹ אֶחָד.

V'ne-emar, v'hayah Adonai l'Melech al kol haaretz. Bayom hahu yih'yeh Adonai echad ush'mo echad.

Thus it has been said, Adonai will be Sovereign over all the earth.

On that day, Adonai will be one, and God's Name will be one.



Yitgadal v'yitkadash sh'mei raba.

B'alma di v'ra chirutei, v'yamlich malchutei, b'chayeichon uv'yomeichon uv'chayei d'chol beit Yisrael, baagala uviz'man kariv.

V'imru: Amen.

בחייכון וביומיכון ובחיי דכל בית ישראל ָא וּבִזְמַן קָרִיב. ואמרו: אמן.

Exalted and hallowed be God's great name in the world which God created, according to plan. May God's majesty be revealed in the days of our lifetime and the life of all Israel — speedily, imminently, to which we say Amen.

Y'hei sh'mei raba m'yarach l'alam ul'almei almaya. Yitbarach v'yishtabach, v'yitpaar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yit'halal sh'mei d'Kud'sha b'rich Hu,



יהא שמה רבא מברך

Blessed be God's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One,

L'eila min kol birchata v'shirata, tushb'chata v'nechemata, daamiran b'alma. V'imru: Amen. Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael.

V'imru: Amen.

לִעֵלָּא מִן כַּל בִּרְכַתָא תא, תשבחתא למא. ואמרו: אמי ואמרו: אַמֶן.

Beyond all earthly words and songs of blessing, praise, and comfort. To which we say Amen. May there be abundant peace from heaven, and life, for us and all Israel. To which we say Amen.

Oseh shalom bimromav, hu yaaseh shalom aleinu, v'al kol Yisrael, v'imru: Amen. עֹשֶׂה שָׁלוֹם בִּמְרוֹמְיוּ הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ, וְעַל כָּל יִשְׂרָאֵל, וְאִמְרוּ: אָמֵן. וְאִמְרוּ: אָמֵן.



May the One who creates harmony on high, bring peace to us and to all Israel. To which we say: Amen.